



## ***Lollie Competition Team Requirements:***

### ***Lollie Objectives:***

- Demonstrate basic kinesthetic awareness. Utilize and elaborate on the element of space in dance.
- Demonstrate and develop the following partner skills: copying, leading, following & mirroring.
- Learn how to effectively count dance phrases (8 counts)
- Demonstrate proper behaviors while watching, creating, or performing dance.
- Learn to use dance to express ideas, feelings, and stories.
- Learn the basics of how to be a safe and respectful team member.

### ***Age Requirements for Lollies:***

- Must be 4.5 years of age or older at the time of Auditions (June)

### ***Routine and Practice Expectations for Lollies:***

- Lollies will practice a total of 3 hours per week.
- Lollies will learn, perform & compete in 2 different style routines.
- Season starts in July and ends in June. (12 month sport)
- Lollies will participate in class alone (mom and dad not in the room)
- Able to get along with teammates
- Able to Follow basic instructions from Teachers/Coaches

<b><i>Stationary Skills</i></b>	<b><i>Across the floor skills</i></b>
Tendu	Pivot Turn
Flex and Point Feet	3 Step Turn
Stretches	Pirouette Prep w/ start of Single Turn
Beginning of a Split	Hop on 1 Foot
Releve	Skip
Plie	Chasse
Start of Toe Touch & Star Jump	Grapevine

